



## WATCH LEARN & EARN

Self-Study Module



### GUEST PRESENTER

## Christi Trask, PhD

Psychology | The Ohio State University Wexner Medical Center

### Objectives

At the conclusion of this session, attendees will be able to:

- Discuss current research findings on cognitive deficits and common cognitive symptoms in schizophrenia and other psychosis-spectrum disorders.
- Describe how cognitive impairment is typically assessed via neuropsychological or other cognitive testing.
- Identify evidence-based interventions for cognitive deficits and compensatory strategies that can be used with individuals with schizophrenia or, more broadly, clients with serious mental illness who report cognitive symptoms.

# “Cognition in Schizophrenia and Psychosis – Spectrum Disorders: Experiences, Assessment, and Intervention”

*Created from a recording of the March 18, 2024, Monday Noon CME Conference.*

#### Learner Instructions:

To obtain CME credits for this activity, the learner must watch the recording, then complete the survey monkey posttest/evaluation link. Resources have been provided for learners below.

**Accreditation:** Licking Memorial Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

**Designation:** Licking Memorial Hospital designates this enduring material activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Presenters Disclosure:

Christi Trask, PhD, faculty for this educational activity have no relationships with ineligible companies to disclose.

**Planners and Reviewers Disclosure:** The following Medical Education Planning and Library Committee members of this activity The following Medical Education Planning and Library Committee members of this activity \*Craig B. Cairns, M.D., M.P.H., Chair, Vice President Medical Affairs; Bashar Alawad, M.D., Hospital Medicine; Emilia N.U. Anigbo, M.D., Pulmonology; Garth A. Bennington, M.D., Family Practice; Joseph E. Fondriest, M.D., Radiology; Thomas Hagele, M.D., Dermatology; John P. Lazar, M.D, Pediatrics; Henry Y. Lu, M.D., Anesthesiology; May U. Mbah, D.O., Hospital Medicine; Elizabeth W. McIntosh, M.D., Family Practice; Nicole C. Miller, D.O., Pathology; D’Anna N. Mullins, M.D., Oncology; Gurunanthan Palani, M.D., Endocrinology; Elizabeth A. Yoder, D.O., Psychiatry; Virginia Andrews, R.N., Quality Manager; Jean L. Glaser, RPh, Pharm D, Director of Pharmacy; Stephen J. Gombos II, MT(ASCP), Director of Laboratory; Christine Long, BSN, RN, Risk Manager; Kimberly M. Mathis, Patient Experience Manager; Lorei A. Kraft, BS, MT(ASCP)SH, Assistant Vice President Laboratory and Oncology Services; Brian K. Thatcher, Director of Quality Management and Process Improvement; Haley Williams, MHA, MLS (ASCP)™, Infection Preventionist; Angela J. Wallace, MSN, R.N., Director of Surgery; Janet Wells, Medical Staff Services Manager, and Jessica Adamson, CME Coordinator, which are planners, reviewers, for this educational event. Individuals identified have no relevant financial relationship(s) with ineligible companies to disclose. These committee members are not personally compensated for their role.

#### ACTIVITY INFORMATION

Created: 3/18/2024 Review Due: 3/18/2026

Active Period: 3/18/2024 – 3/18/2026

Activity Duration: 1 hour to complete.

Activity media: Video recording of Friday Noon CME.

Audience: Appropriate for all primary care and specialty physicians, along with clinical care partners and clinical staff.

#### RESOURCES:

Lepage M, Bodnar M, Bowie CR. Neurocognition: clinical and functional outcomes in schizophrenia. Can J Psychiatry. 2014 Jan;59(1):5-12. doi: 10.1177/070674371405900103. PMID: 24444318; PMCID: PMC4079224.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4079224/pdf/cjp-2014-vol59-january-05-12.pdf>

Bellani M, Ricciardi C, Rossetti MG, Zovetti N, Perlini C, Brambilla P. Cognitive remediation in schizophrenia: the earlier the better? Epidemiol Psychiatr Sci. 2019 Sep 26;29:e57. doi: 10.1017/S2045796019000532. PMID: 31556864; PMCID: PMC8061237.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8061237/pdf/S2045796019000532a.pdf>